



**HSP Pro Shop** is Seattle's premier bicycle shop, run by retired professional cyclists, offering the latest in bicycle technology. Our staff is among the best in the industry. We offer everything you need to be a successful cyclist. Whether you need to be fit to your current bike, need your bike serviced, seek the latest technology and gear, or just want to know how much pressure to run in your tires for turn three at the Ballard Crit, HSP Pro Shop is your cycling solution.

# Le Menu

## Pro Overhaul

Our HSP Master Techs strip your ride down to its bare bones and rebuild it with meticulous detail to perfect working condition. The frame alignment is checked and recorded, derailleur hanger aligned, wheels trued, tensioned and dished. All parts are removed, put through our meticulous cleaning process, prepped, torqued and tuned. New cables, housing, and ferrules are included along with freshly wrapped bar tape. We will even glue your new tubular tires for you. \$295

## Race Tune

Getting your body ready to perform is only half the equation. Getting your ride to perform its duty is the other half. The HSP Race Tune is the solution. Our master techs remove your drive-train, align your derailleur hanger, and make it work flawlessly. Your brakes are dialed-in, headset adjusted, wheels trued, tensioned and dished, and all bolts are torqued to proper specs. \$150

## HSP Custom Wheel Build

All HSP wheelbuilds are performed by Master Tech, Thomas Broderick. Thomas will help you select the right spokes, nipples, and lacing pattern for your needs. HSP wheelbuilds are guaranteed for the life of the wheel to the original owner. Truing, tensioning, and dishing are free for the life of the wheel. Builds are 100% guaranteed. \$60

## Pro Build

The HSP tech brings your bare frame to life with the Pro Build. All bolts are prepped and torqued. Our build quality is simply the best. Our techs are experienced not only with the wrench, but on the race course as well, so they know what a racer needs out of their ride. \$175. TT bikes \$200

## Tubular Install

Gluing tubular tires has become a lost art, but not at HSP. Our artists take this task seriously. Master Techs Thomas Broderick and Pete Banko have glued hundreds of tires and our glue jobs are 100% guaranteed. \$40/tire. \$75/pair

## A la Carte

Brake Adjustment - \$10/each

Front/Rear Derailleur Adjustment - \$15/each

Cable/Housing Replacement - \$10/each

GORE Derailleur Cable/Housing Install - \$25

GORE Brake Cable/Housing Install - \$25

Align Derailleur Hanger - \$30

Replace Chain - \$15

Bottom Bracket Install - \$20

Replace Spoke - \$20

True/Dish/Tension Wheel - \$20

Adjust Headset - \$10

Install Headset - \$40

Install Fork (Includes steer tube cut) - \$50

Cut Steer Tube - \$15

Bar Tape Wrap - \$15

Custom Full-Fender Install (Includes Hardware) - \$50

Bike Box - \$40

*Accessory install ½ off during full service. General shop rate - \$60/hour*

# HSP Demo Program

HSP offers a variety of wheels, saddles, and training tools for demo.

## **Zipp 1080 Tubular Wheelset**

Good for: Time Trials

The 2009 Zipp 1080 Wheelset is the closest thing to riding a disc in terms of ultimate speed on the market. The 1080's patent pending ABLC dimpled rim surface combined with a rim depth of 108mm simply humbles any racecourse. This is the best all around time trial wheelset available anywhere. \$75/2 days

## **EDGE 1.68 Tubulars with Powertap**

Good For: Time Trials, Road Races

These wheels represent an optimal combination of the three attributes a race quality wheel strives to be: light-weight, strong, and aero-dynamic. With the extra weight of the Powertap hub, these wheels still weigh in under many racing wheels on the market. \$100/2 days

## **Edge 1.68 Clinchers**

Good For: Time Trials, Road Races

For only a slight increase in weight, you can get the Edge benefits in a clincher version. Still strong, aerodynamic, and lightweight, these wheels are great for the racer who doesn't enjoy the hassle of tubular wheels. \$75/2 days

## **Standard Powertap Rear Wheel**

Good For: Training, Racing

This Powertap on a 32 spoke Mavic Open Pro rim will introduce you to training and racing with power. \$50/week

## **Shimano Dura-Ace Scandium Tubeless Clinchers**

Good For: Training, Racing, All Around

This wheelset presents an affordable option for elite-level road training and racing, weighing close to carbon wheelsets at literally half the price. Scandium is light and responsive, with a little more forgiveness and a whole heap more durability than carbon, making this the perfect do-everything wheelset. Bladed, butted spokes, a titanium freehub, and new wider flanges increase stiffness and strength while lowering weight and wind-resistance. \$75/week

## **Disk Wheel**

Good For: Time Trials

The fastest wheel for time trialing. Period. \$75/2 days

## **Saddle Demo Program**

Try any of our saddles for up to 2 weeks. If you don't like it, exchange it for another until you find the right one. \$75

## **Rotor Rings**

Q-Rings reduce dead-spot negative effects due to their effective variable gear oval concept. The effective gear is lower at the dead-spot zone, so it is easier, faster and more comfortable (smoother) to pass through it. Once the pedal is over the dead-spot and enters the down stroke, the Q-Rings progressively increase the effective tooth size as more muscle strength is available. \$75/week

## **Spiro Tiger**

The most effective tool for respiratory training, the Spiro Tiger is endurance training for the diaphragm and intercostals. Your lungs will fatigue less quickly, resulting in improved riding efficiency. Includes training session and mouth piece. \$55/week

## **Bike Case**

For traveling to races or vacation, rent a bike case. \$50/week